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Farmingdale Federation of Teachers

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BI–WEEKLY FOCUS

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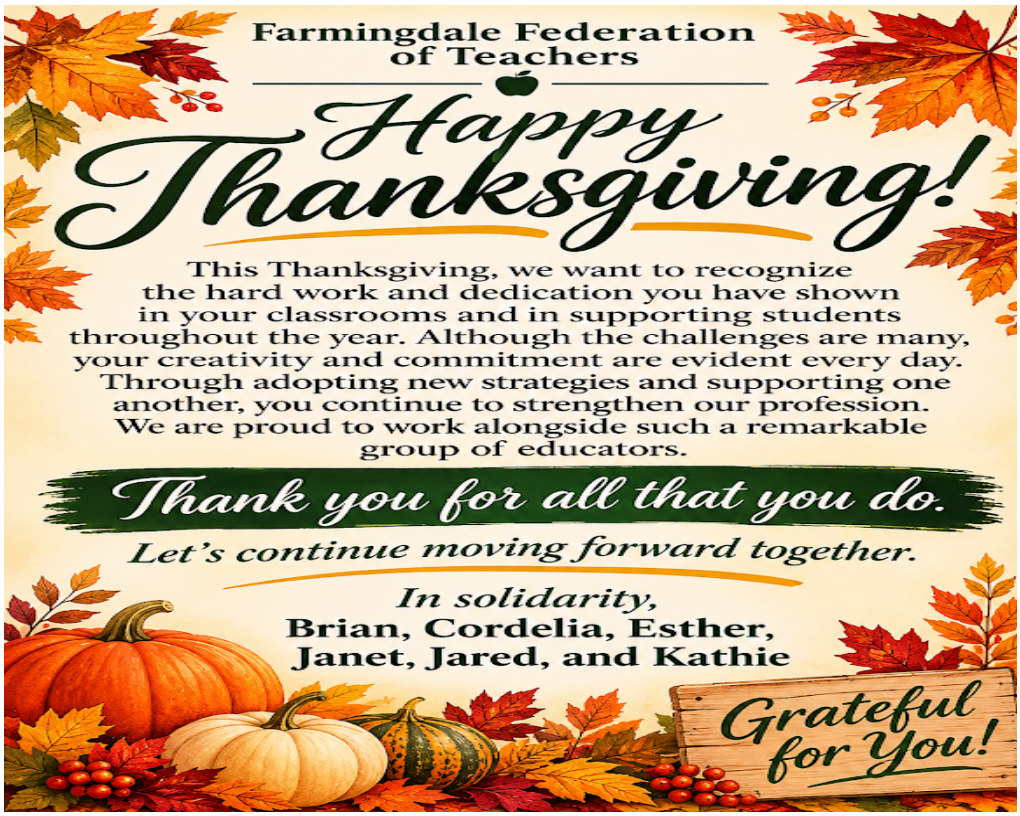
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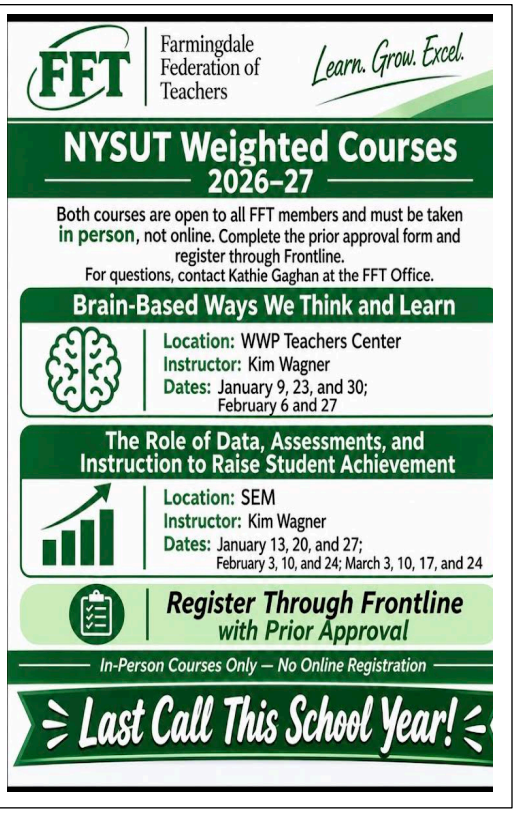
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FFT FOCUS
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Providing you with a secure pension is our mission.

Keeping you informed is our passion.



Scan the QR codes below to explore some of the resources available to you at nystrs.org.

What Can MyNYSTRS Do for You?

Here's a look at some of the things MyNYSTRS can do for you!

UPDATE YOUR ACCOUNT

- Change your password and username.
- Maintain your e-subscriptions to your annual *Benefit Profile* and *Your Source* newsletter. *Only one issue of Your Source is printed each year, so an e-subscription guarantees* you'll never miss an issue!
- Keep your contact information and mailing address up to date.

MANAGE YOUR MEMBERSHIP

- Review your service and earnings.
- Read and print your *Benefit Profile*.
- Run pension estimates.
- Update your beneficiary designation.
- Print an income verification letter.

CONTACT NYSTRS

- Securely message NYSTRS for help or with questions.
- Schedule appointments with NYSTRS representatives for a benefit consultation.
- Register for a PREP seminar.

SUBMIT FORMS

- File for retirement.
- Claim prior service.
- Apply for a loan.

MyNYSTRS offers secure, online access to your benefit information in one convenient place.

Read the *Active Members' Handbook* – your comprehensive guide to understanding your retirement, disability and death benefits. Whether you are just beginning your career or are nearing retirement, the handbook will help you make informed decisions about your financial future.

Visit our website at nystrs.org for the latest information and news related to your benefits. Read the *Your Source* newsletter and explore our library to read publications to help you at each stage of your career.

Tier 6 Members: Curious about your required member contributions? Refer to *Contribution Rate Information for Tier 6 Members* to learn how your rate is determined.

Don't have an account?

Simply scan the QR code at the top right or go to nystrs.org and select the MyNYSTRS Login button. Then click the link to register. Forgot your username or password? Click the helpful links on the MyNYSTRS login page. MyNYSTRS is only for use by the Retirement System's active members, retirees and beneficiaries receiving a continuing benefit.

Need help navigating MyNYSTRS?

Call us at 800-348-7298, ext. 6085.