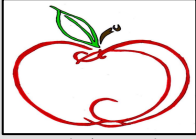


Farmingdale Federation of Teachers

BI-WEEKLY

FOCUS



Farmingdale Federation
of Teachers
100 Broadhollow Rd.
Suite 104
Farmingdale, NY 11735
(631) 249-0773

www.farmingdaleteachers.org

e-mail:
fftlocal1889@farmingdaleteachers.org

Office Hours:
Tues.-Fri.
12:30 pm- 4:30 pm

FFT OFFICERS:

President:
Cordelia Anthony

Vice Presidents:
Brian Reilly
Kathleen Gaghan
Esther Hernandez-
Kramer

Treasurer:
Janet Dieso

Secretary:
Jared Duchin

Office
Administrator
Stephanie Mehta

FFT FOCUS
Edited by
Kathleen Gaghan

Making Strides Against Breast Cancer

Date: October 19, 2025

**Location: Jones Beach State
Park, Field 5**

Time: 7:30 AM (Row L)

Team Picture: 8:00 AM

**Walk with us or donate to our
FFT Team page:**

https://secure.acsevents.org/site/STR?fr_id=110815&pg=team&team_id=2819569



FFT SOCIAL GATHERING

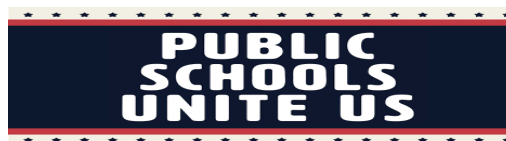
Villager in Farmingdale

Date: November 7, 2025

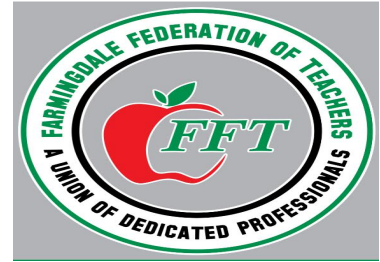
Time: 2:45 PM - 5:00 PM

- Drink Specials
- Delicious Appetizers
- Raffles and Door Prizes

Let's celebrate the dedication of
our educators and foster our
UNION SPIRIT!



SAVE THE DATE:



NEW TEACHER LUNCHEON

Tuesday, November 4, 2025

1:30 PM

at the FFT Office

RSVP to Stephanie Mehta

Fftlocal1889@farmingdaleteachers.org

NYSUT LEGAL

Members are entitled to several
FREE NYSUT Legal services:

- Will/Living Will
- Power of Attorney
- Health Care Proxy

If you are an eligible member, you
can make an appointment to meet
with a NYSUT legal at their office.

Contact;
Feldman, Kramer & Monaco
Attorneys at Law
330 Vanderbilt Motor Parkway
Hauppauge, NY 11788
(631) 231-1450



MEMBER
BENEFITS
nysut
Working to Benefit You

**GET
FREE
ACCESS**

TO THE PREMIUM CALM APP, PEER SUPPORT LINE & MORE!

NYSUT Member Benefits understands the importance of providing support, resources, and tools to help NYSUT members with all aspects of their lives. In light of that, we have negotiated with our endorsed program providers to offer members several benefits free of charge.



Premium Calm Service –
All in-service and retiree members receive unlimited access to the full Calm library of sleep, meditation, and relaxation content. The popular Calm app includes specialized playlists dealing with stress and focus, mindful movement video and audio, nature scenes and sounds, children's content, and more. Members can add up to five dependents (age 16 or older) to receive their own premium Calm subscription. Note: You will need your NYSUT ID number (which can

be found at nysut.org/memberid) to create your Calm account.

Peer Support

Line – Life can throw lots of curveballs at us, and sometimes we don't readily know where to turn for help. The Peer Support Line is a confidential helpline that is available to all NYSUT members and their loved ones for answers, resources, and support when it's needed most. Chat, email, or call toll-free **844-444-0152** to connect with a peer today.



SCAN ME



Learn more about these along with several other free benefits by scanning the QR code, visiting mb-nysut.org/nocostbenefits, or calling 800-626-8101.

AD&D Insurance & Travel Assistance Services –

All in-service and retiree members are automatically provided with a \$5,000 accidental death & dismemberment insurance benefit, along with free travel assistance services.

New Member Life Insurance

– All new NYSUT members are eligible to receive a free term life insurance policy providing coverage for up to \$25,000 for one year, guaranteed renewable at the end of the year.

September/October 2025