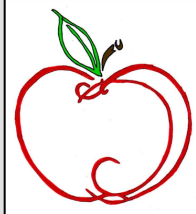


BI-WEEKLY

FOCUS



Farmingdale Federation of Teachers
100 Broadhollow Rd.
Suite 104
Farmingdale, NY 11735
(631) 249-0773

www.farmingdaleteachers.org

e-mail:
fftlocal1889@
farmingdaleteachers.org

Office Hours:
Mon.-Fri.
12:30 pm - 4:30 pm

FFT OFFICERS:

President:
Cordelia Anthony

Vice Presidents:
Brian Reilly
Kathleen Gaghan
Esther Hernandez-Kramer

Treasurer:
Janet Dieso

Secretary:
Jared Duchin

Office Administrator
Tracie Mosher

FFT FOCUS
Edited by
Kathleen Gaghan



Did You Know?

Administrators can use up to 10 "professional periods" per month.

"This time may be used for professional work such as: tutoring, preparation for student classes, teaching materials, conferences with district supervisory and/or administrative staff, guidance counselors, or parents."

At least one week's notice must be given for use of this time by administration.

**KNOW YOUR CONTRACT!
IT'S YOUR RIGHT!**

WELCOME 2025

SAVE THE DATE **SAVE THE DATE**

PLEASE JOIN US
FOR OUR 1ST ANNUAL
UNION SOLIDARITY HAPPY HOUR!



DATE: FRIDAY JANUARY 31ST
TIME: 3PM
LOCATION: TBD



UNION STRONG!

Retirement Incentive Meeting
Monday, January 6, 2025
FFT Union Office
Suite 104
Anytime between
2:30 pm to 4:30 pm
Hosted by Brian Reilly

Letters of retirement must be submitted by the close of business on January 10, 2025.



Lorie Sheinwald and Carmen Rodriguez are inviting you!

WOMEN'S SELF-DEFENSE WORKSHOP ON 1/10/25

Hosted at Atomic Tae Kwon Do / 8 E Carver St, Huntington NY
by Dr Master Luiza Raab-Pontecorvo

- *Practical, Simple & Reactive Tools to keep you Safe and defend against Chokes, Holds & Grabs
- *Fear Management & Environmental Awareness

RSVP: <https://bit.ly/wsdjan10> / Time: 5:30-6:30pm
Cost: \$15 (Zelle/Venmo) or \$25 at the Door if Spots Available



RSVP



Enjoy these benefits

NYSUT Member Benefits strongly believes in the importance of making quality benefits easily accessible to the NYSUT membership. You may be interested in the following options:

FOR FREE!

1. Premium Calm Subscription:

All in-service and retiree members receive unlimited free access to the popular Calm app's full library of sleep, meditation, and relaxation content. Members can add up to five dependents (age 16 or older) to receive their own premium Calm subscription.

2. Peer Support Line:

Whether you're facing a specific stressful situation or would just like to speak with a supportive voice, this confidential helpline is free to all NYSUT members and their families. Call toll-free 844-444-0152 to connect with a peer.

3. AD&D Insurance Benefit/ Travel Assistance Services:

All in-service and retiree members are automatically provided with a \$5,000 accidental death & dismemberment insurance benefit, along with free travel assistance services from AXA Assistance.

4. New Member Life Insurance:

All new members are eligible to receive a free term life insurance policy providing coverage for up to \$25,000 for one year, guaranteed renewable at the end of the year.

MARK YOUR CALENDARS:

Member Appreciation Event is back!

NYSUT Member Benefits is excited to announce that Member Appreciation Event will be held this March! This celebration will feature prizes donated by Member Benefits and our endorsed program providers. To be eligible to win, you must be a participant in our MAP Alert email service.

If you're not already a MAP Alert participant, simply scan the QR code, visit memberbenefits.nysut.org, or call 800-626-8101 to sign up. You'll then receive weekly updates about endorsed benefits, information about new programs, and be able to take part in special prize drawings such as Member Appreciation Event.

SCAN ME



**MEMBER
BENEFITS**
nysut
Working to Benefit You

January/February 2025

